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Is your child experiencing any of the following symptoms that you think might be related to a recent or past divorce?

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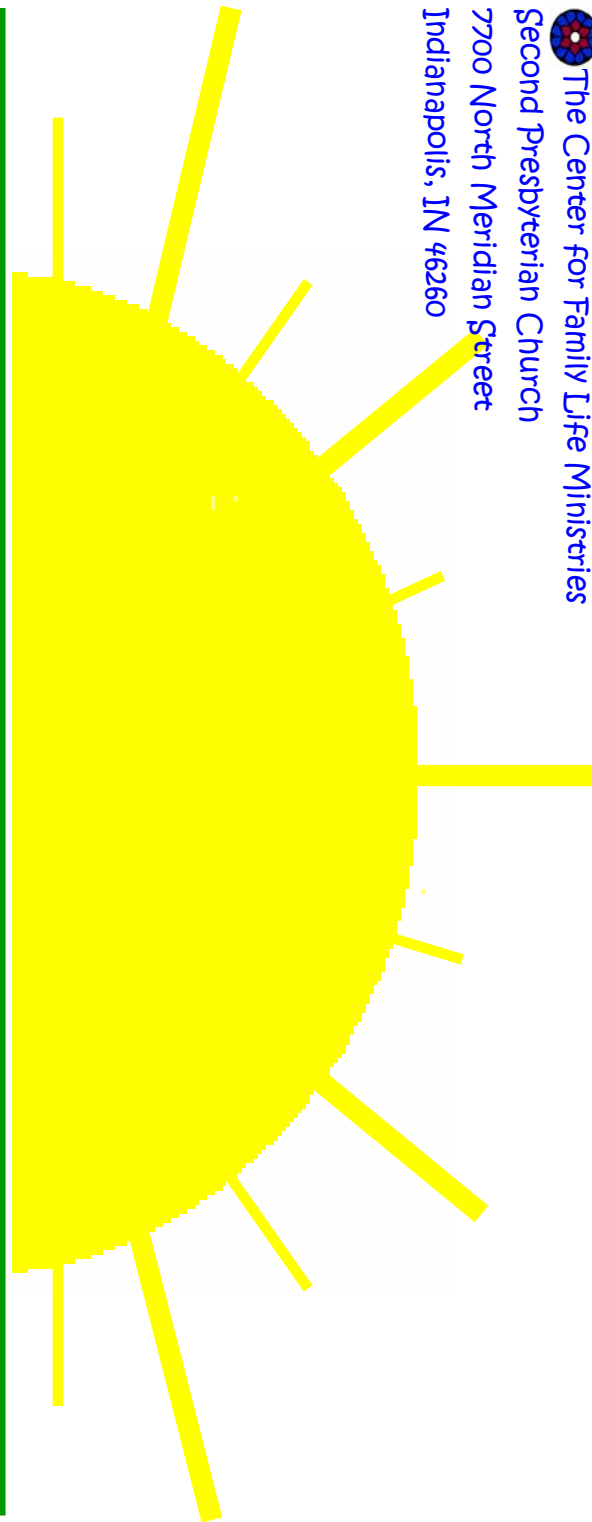
- ☀ Problems at school with peers or teachers
- ☀ A drop in grades
- ☀ Anxiety
- ☀ Moodiness
- ☀ A change in sleep patterns
- ☀ A change in appetite
- ☀ Depression
- ☀ Excessive emotions: anger, happiness, fear, etc.
- ☀ Lack of emotion or indifference
- ☀ Problems at home
- ☀ Other unexplained changes in behavior

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In the night there are many tears, but joy comes in the

**New Day.**

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**New Day: for Children of Divorce**  
☀ The Center for Family Life Ministries  
Second Presbyterian Church  
7700 North Meridian Street  
Indianapolis, IN 46260

Are you  
a  
child  
of  
divorce?



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This might be  
the program  
for you.

**New Day**  
for children of divorce

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## New Day:

### for Children of Divorce

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is a

#### directional support group

for children & families of divorce that meets the 2nd & 4th Tuesday evenings of each month.

#### Trained volunteers

serve as facilitator teams for children in each age group.



**Our goal** is to help children (and adults) adjust to the divorce and manage their grief **in a healthy way.**



Because we recognize that each child will move through their grief in their own, unique way & at their own pace, New Day is an **open-ended group.** Children and families can enter & re-enter the program based on their needs and developmental levels.



New Day is **free of charge.**

## Paradigm of Service

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**We know** that children have the capacity to deal with divorce differently at different ages and that the child's definition of family and their role in their family has changed.



**We practice** creative communication through **play & expressive arts** for children to develop the tools they need to adjust to the divorce and deal with the grief.



**We create** a **safe place** for families to **enjoy God's care & nurture** through these difficult times and offer an atmosphere focused on the respect and acceptance of each child.

## Next Steps

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If you are interested in **enrolling your child/ren** in the New Day program or in **becoming a volunteer**, please contact us for an application:



The Center  
for Family Life Ministries

Second Presbyterian Church

7700 N. Meridian St.

Indianapolis, IN 46260

317-252-5518 (fax) 317-259-5718

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New Day is **NOT** a counseling program.

**If you are seeking clinical, therapeutic services** for

yourself or your children,

please contact the

Center for Family Life Ministries counseling staff for assistance.

